

Crisis Recovery

Estimated time to complete: 20 min.

Course Description

SafeSchools' *Crisis Recovery* course is an awareness-level course that gives school and district administrators the fundamentals of dealing with crises of all kinds. The course explains key roles and terms of the crisis intervention team as well as identifying the primary response areas that are critical to effective response and recovery. The course also delves into a variety of stress and trauma reactions that are commonly experienced by both children and staff. Particular attention is given to helping children deal with post-traumatic stress both mentally, emotionally, and physically. Lastly, the course concludes with helpful resources from national organizations who provide more in-depth expertise in these areas.

Common Themes

This course reviews the following topics related to crisis response and recovery:

- Elements of an effective crisis recovery plan, including mitigation/prevention, preparedness, response, and recovery elements.
- Common traumatic stress reactions of students and staff
- Useful tactics to help students at the scene of a crisis
- Post-trauma recovery strategies for children of different ages
- How to locate resources to build an effective plan

Authors

Michael Dorn, M.S., FBI National Academy, is one of the most credentialed, experienced, highly respected and most trusted school safety experts in the nation. He was selected as the world's top safety expert by Jane's, the highly regarded British defense, intelligence and school safety publisher, and has authored and co-authored twenty books on school safety.

Sonayia Shepherd, M.A., Public Administration (Doctoral candidate), currently serves as an incident response team member for an international government terrorism response unit. She has also authored and co-authored sixteen books on school safety and emergency management, including four books for Jane's.

Training Environments

SafeSchools is ideal for a blended learning environment, complementing in-service or video training, or as a stand-alone training course. The SafeSchools approach engages the learner in an e-learning environment; while a Compliance Management System automatically tracks his/her progress through the courses. This assists the district administrator or training coordinator in demonstrating compliance.