

## First Aid

Estimated time to complete: 15-20 minutes

### Course Description

*SafeSchools First Aid* course is a tutorial designed for all school staff that focuses on key first aid concerns for school employees. The course provides an overview of asthma, diabetes, seizures and life-threatening allergies. Additionally, it also covers burns, fractures, shock, choking, and even nosebleeds. Lastly, the course also briefly covers head injuries and possible spine injuries relating to falls, as well as possible bloodborne pathogen exposures.

### Common Themes

- A condensed overview of key first aid issues for school staff. The course is ideal as an annual refresher
- Review of chronic conditions such as diabetes, anaphylaxis, and asthma
- The course emphasizes “scene safety” and being keenly aware of environmental hazards that contribute to health risks
- Important health care considerations in minimizing health emergency risks.

### Authors

Suzan Tibbitts is a school nurse in Utah. She is directly responsible for the health care of over 9,000 students, and project manager of the Vaccine for Children program in the Granite School District. Suzan graduated from Westminster College with a Bachelors degree in Nursing and received her Masters of Nursing in Health Care Administration and Education from the University of Phoenix.

Janell Eastman is also a district nurse with responsibility for over 9,000 students in the Granite School District of Utah. Her past experience includes Surgical Nursing, Public Health Case Management and Occupational Health Administration. Janell graduated from Brigham Young University with a Bachelors degree in Consumer Economics and from Westminster College with a Bachelors degree in Nursing and received her Masters of Education from Cambridge College.

### Instructor Support Materials

*SafeSchools* courses come complete with instructor materials to augment current training practices. Included with the course are:

- Microsoft PowerPoint presentations
- Course assessments
- Support materials

### Training Environments

*SafeSchools* is ideal for a blended learning environment, complementing in-service or video training, or as a stand-alone training course. The *SafeSchools* approach engages the learner in an e-learning environment; while a Compliance Management System automatically tracks his/her progress through the courses. This assists the district administrator or training coordinator in demonstrating compliance.

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For a free evaluation, email [info@safeschools.com](mailto:info@safeschools.com) or call 1-800-434-0154.